

FINAL ANNOUNCEMENT

18th Continuing Professional Development (CPD) Series:



Organised by

NADI NATIONAL
DIABETES
INSTITUTE
CENTRE OF EXCELLENCE DEDICATED TO DIABETICS

Endorsed by



Ministry of Health Malaysia



Diabetes Asia Conference 2019 (DAC 2019)

OCTOBER 10 – 13, 2019
Kuala Lumpur, MALAYSIA

Conference Venue

Hotel Istana
73 Jalan Raja Chulan
50200 Kuala Lumpur, Malaysia



THE BRAND LAUREATE
CSR COMMUNITY AWARDS 2018
NATIONAL DIABETES INSTITUTE

Platinum Sponsor



Secretariat 'DIABETES ASIA Conference 2019'

National Diabetes Institute (NADI)

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NADI Continuing Professional Development Series

Prevalence of diabetes mellitus, especially of Type 2, is on the increase. This rise is most marked in developing countries, Malaysia included. Thus, there is an urgent need for strategies to prevent this 'epidemic' and for early diagnosis of diabetes. Beyond these, there is need for ensuring optimal management of the disease, its complications and associated diseases.

To help address these issues, the National Diabetes Institute (NADI) of Malaysia, organises the Continuing Professional Development (CPD) Series annually since its inception in 2002.

In 2008, this CPD was expanded as 'Diabetes Asia Conference' (DAC) to emphasise the uniqueness of diabetes presentation and management in Asians.

Objectives of the Conference

The Continuing Professional Development (CPD) Series as "Diabetes Asia Conference 2019" aim to help improve management of diabetes with emphasis on recent advances and practical aspects of diabetes care. Participants are expected to be able to:

- appreciate recent advances and practical aspects of diabetes care
- understand ways of ensuring early diagnosis and optimal management for good control of diabetes, its complications and associated diseases
- apply knowledge gained during the Conference to further improve care for persons with diabetes in the community

Who Should Attend

Healthcare professionals responsible for managing people with diabetes including:

- Medical and Surgical Specialists
- General Physicians and Surgeons
- Primary Care Physicians
- General Practitioners
- Medical and Health Officers
- Trainee Lecturers
- Pharmacists
- Nutritionists and Dietitians
- Researchers (Clinical & Basic Sciences) in Diabetes
- Other healthcare professionals involved in diabetes care

CONFERENCE AWARDS (CASH PRIZES)

"PROFESSOR MUSTAFFA Young Investigators' Awards" for Free Paper Presentation

- Best Award : RM5,000/-
+ Challenge Trophy**
- Second Award : RM2,000/-**
- Third Award : RM1,000/-**

The winners of "Professor Mustaffa Young Investigators' Awards" will also receive full sponsorship (registration fee + hotel accommodation & local mileage/travel) by Servier Malaysia Sdn Bhd for **DAC 2020**

Best Oral Presentation Awards

- Best Award : RM2,000/-**
- Second Award : RM1,000/-**
- Third Award : RM750/-**

(Papers submitted for "Professor Mustaffa Young Investigators' Awards" shall not be considered for these awards)

Best Poster Presentation Awards

- Best Award : RM1,500/-**
- Second Award : RM750/-**
- Third Award : RM500/-**

(Papers submitted for "Professor Mustaffa Young Investigators' Awards" shall not be considered for these awards)

**A Certificate of Award will also be presented to the winners.
THE JUDGES' DECISION IS FINAL. No further correspondence is allowed**



The Diabetes Asia Conference 2019 (DAC 2019) will emphasise on **recent advances** in the understanding and care of diabetes, its complications and related diseases.

Central Organising Committee

Patron: YAB Tun Dr. Mahathir Mohamad

Advisor: Professor Dato' Anuar Zaini Md. Zain

Secretary: Dato' Dr. Nor 'Aini Abu Bakar

Sub Committees

Scientific

Professor Dato' Mafauzy Mohamed (*Chairman*)

Professor Dr. Rohana Abdul Ghani

Associate Professor Dr. Muhammad Yazid Jalaludin

Associate Professor Dr. Norlaila Mustaffa

Secretariat: Dato' Dr. Nor 'Aini Abu Bakar (*Chairperson*)

Ms. Farah Aishah Kamaruddin

Ms. Norsuhana Halim

Ms. Mardhiyati Narowi

Conference Coordinator: Ms. Nurhidayah Zainol Abidin

Chairman: Emeritus Professor Dato' Mustaffa Embong

Treasurer: Ms. Rosmawati Yusoff

Dr. G. R. Letchuman Ramanathan

Dr. Foo Siew Hui

Dr. Zanariah Hussein

Sabah & Sarawak Representative: Dr. William Voon Yu Huat

Fund Raising & Exhibition: Ms. Rosmawati Yusoff

Audiovisual: Mr. Kamarulzaman Othman (*Audiovisual*)

Mr. Zamri Husain (*Video & Photography*)

International Advisory Board

Emeritus Professor Augusto D. Litonjua, *Philippines*

Emeritus Professor Clive S. Cockram, *Hong Kong*

Emeritus Professor Morsi Arab, *Egypt*

Professor Eberhard Standl, *Germany*

Professor Harold E. Lebovitz, *USA*

Professor Luc Van Gaal, *Belgium*

Professor Philip Home, *United Kingdom*

Professor Thep Himathongkam, *Thailand*

Professor Timothy Davis, *Australia*

Professor Xu Zhang Rong, *China*

Invited Conference Speakers/Chairpersons*

International Faculty:



1. Professor Chih-Yuan Wang

Department of Internal Medicine
National Taiwan University Hospital
TAIWAN



7. Professor Philip Home

Professor of Diabetes Medicine
Institute of Cellular Medicine (Diabetes)
The Medical School Newcastle University
UNITED KINGDOM

(confirmed)



2. Professor Elizabeth Paz Pacheco

Professor
University of the Philippines
College of Medicine
PHILIPPINES

(confirmed)



8. Professor Robert A. Ritzel

Professor of Internal Medicine
Head, Division of Endocrinology and Diabetes
Städtisches Klinikum, Munich
GERMANY



3. Professor Hanan Gawish

Professor of Diabetes and Endocrinology Unit
Mansoura University
Chair of Egyptian Society of Diabetic Foot (ESDF)
EGYPT



9. Professor Saeed A. Mahar

Professor of Medicine (Endocrinology)
Consultant Endocrinologist & Diabetologist
National Institute of Cardiovascular Diseases
PAKISTAN

(confirmed)



4. Professor Lawrence A. Leiter

Director of the Lipid Clinic
Associate Director of the Clinical Nutrition and
Risk Factor Modification Centre, St. Michael's Hospital
CANADA



10. Professor Stephen M. Twigg

Professor in Medicine, Sydney Medical School
Head of Department of Endocrinology
Royal Prince Alfred Hospital, The University of Sydney
AUSTRALIA

(confirmed)



5. Professor Maria Craig

Professor, School of Women's
and Children's Health
University of New South Wales
AUSTRALIA



11. Assoc. Professor Alice P S Kong

Associate Professor
Department of Medicine & Therapeutics
The Chinese University of Hong Kong
HONG KONG

(confirmed)



6. Professor Peter Gaede

Professor of Medicine
University of Copenhagen
DENMARK

(confirmed)



12. Assoc. Professor Daphne Khoo Hsu Chin

Deputy Director Medical Services
(Healthcare Performance Group)
Ministry of Health
SINGAPORE

The International Faculty is complemented by more than 40 local experts in diabetes and related fields

*Subject to change

Conference Outline*

10 October 2019			11 October 2019			12 October 2019			13 October 2019	
THURSDAY			FRIDAY			SATURDAY			SUNDAY	
(0700–0815) REGISTRATION			(0730–0815) REGISTRATION			(0730–0815) REGISTRATION				
(0815–0900) Plenary 1			(0815–0900) Plenary 4			(0815–0900) Plenary 6			(0815–0900) Plenary 8	
(0900–0945) Plenary 2			(0900–0945) Special Lecture 1 [Sponsored by Novo Nordisk]			(0900–0945) Special Lecture 2 [Sponsored by AstraZeneca]			(0900–0945) Plenary 9	
Coffee Break (0945–1015)										
(1015–1215)			(1015–1215)			(1015–1215)			(1015–1215)	
Main Symposium 1A	Main Symposium 1B	Main Symposium 1C	Main Symposium 2A	Main Symposium 2B [Sponsored by AstraZeneca]	Main Symposium 2C	**Main Symposium 4A [Slot for Sponsor]	Main Symposium 4B [Sponsored by Boehringer Ingelheim]	Main Symposium 4C	Main Symposium 6A	Main Symposium 6B
(1215–1315)				(1215–1315)				(1215–1315)		(1215–1315) "Free Paper Presentations Awarding Ceremony" - Professor Mustaffa Young Investigators' - Oral - Poster
**Lunch Symposium 1A [Slot for Sponsor]	**Lunch Symposium 1B [Slot for Sponsor]	**Lunch Symposium 2A [Slot for Sponsor]	**Lunch Symposium 2B [Slot for Sponsor]	Friday Prayers	Lunch Symposium 3 [Sponsored by Servier]					
Lunch (1315–1400)										
(1400–1530)			(1400–1530)			(1400–1530)				
Experts' Case Discussion			Main Symposium 3A	**Main Symposium 3B [Slot for Sponsor]	Main Symposium 3C	Main Symposium 5A [Sponsored by Eli Lilly]	Main Symposium 5B [Sponsored by Novartis Corporation]	Main Symposium 5C	End of Conference	
1	2	3								
Free Paper Presentations										
1	2									
Tea Break (1530–1600)										
(1600–1645) Plenary 3			(1600–1645) Plenary 5			(1600–1645) Plenary 7				
(1645–1730)			(1645–1730)			(1645–1730)				
Meet-the-Professors			Meet-the-Professors			Meet-the-Professors				
1A	1B		2A	2B		3A	3B			

*Subject to change ** Slots available for Sponsors

Scientific Programme*

Plenary Topics:

1. New Understanding of Mechanisms for Type 2: How It Affects Management?
2. Options for CV Risk Reduction in T2DM: Beyond Glucose Control
3. Recent Advances in Technology to Improve Diabetes Management
4. CV Trials in T2 Diabetes : Should We Change Our Management?
5. Diabetes Cure: Fact or Fake News?
6. Adjunct Therapy in Type 1 Diabetes: Current Recommendations
7. GLP-1 Receptor Agonists: From Desert to Bedside
8. Medical Nutritional Therapy & Diabetes
9. The Future of T2DM: New Agents for Glucose Control

Free paper presentation

Free paper presentation is open for all aspects of (clinical and basic science) research relating to diabetes, its complications and co-morbidities.

Participants are encouraged to submit free papers for oral or poster presentation. Please refer to the attached paper "Call for Free Paper Abstracts" for instruction. Closing date for free paper abstract submission is September 8, 2019.

Free paper presentation will be judged for either the "Professor Mustaffa Young Investigators' Awards", "Best Oral Presentation Awards" or "Best Poster Presentation Awards". An awarding ceremony will be held at the end of the Conference.

"PROFESSOR MUSTAFFA YOUNG INVESTIGATORS' AWARDS"

Participants are invited for "PROFESSOR MUSTAFFA YOUNG INVESTIGATORS' AWARDS" which is open to those accepted for oral presentation with the following criteria **:

1. Age 35 years or less (at the time of submission)
2. Main researcher (> 60% contribution) of an original research for the paper to be presented
3. First author and must be a registered participant
4. First author shall present the paper again at the awarding ceremony (when applicable)

**Please fill-in the Declaration Form.

Symposium Themes/Topics include:

MAIN SYMPOSIUM 1

Theme : Nutrition & Diabetes

- Topics:**
1. High Protein or Low Carbohydrate Diet: Which Is Better for Diabetics?
 2. Role of LCD and VLCD in Diabetes
 3. Intermittent Fasting: Does It Improve HbA1c?

MAIN SYMPOSIUM 2

Theme : Hypoglycaemia

- Topics:**
1. Hypoglycaemia and Cardiovascular Mortality
 2. Effects of Hypoglycaemia on Cognitive Function
 3. New Diabetes Drugs: Reducing Hypoglycaemic Risks

MAIN SYMPOSIUM 3

Theme : Challenges in Management of Diabetes in Children

- Topics:**
1. Obesity in Type 1 Diabetes: Treatment Options Beyond Diet and Exercise
 2. Managing T1 Teenagers: How to Quell the Rebellion
 3. Type 1 Diabetes: Unmet Need & Future Directions

MAIN SYMPOSIUM 4

Theme : Diabetes & Women

- Topics:**
1. CVD Risk in Women with Diabetes
 2. Gestational Diabetes: Minimising Complications to Mother and Baby
 3. Managing Diabetes in Post-Menopausal Women

MAIN SYMPOSIUM 5

Theme : Bariatric Surgery

- Topics:**
1. Diabetes Remission with Bariatric Surgery: Mechanisms
 2. Bariatric Surgery: Not Without Drawbacks
 3. Should We Offer Bariatric Surgery for Children?

MAIN SYMPOSIUM 6

Theme : Diabetes Management Targets: How Low Should It Go

- Topics:**
1. HbA1c: Less than 7 or 6.5?
 2. BP: Less than 140 or 130?
 3. LDL-Cholesterol: How Low Should It Be?

MAIN SYMPOSIUM 7

Theme : Fatty Liver & Diabetes

- Topics:**
1. NAFLD in Diabetes: Cause or Effect?
 2. Diagnosing Fatty Liver: The Simple and the Complicated
 3. Emerging Treatment for Fatty Liver in Diabetics

MAIN SYMPOSIUM 8

Theme : A Stage of Prediabetes

- Topics:**
1. Prediabetes: Is It Worth Screening?
 2. IFG and IGT: Different Pathology, Different Management?
 3. Pharmacological Treatment of Prediabetes: Does It Have Any Benefit?

MAIN SYMPOSIUM 9

Theme : Managing Type 2 Diabetes (T2DM)

- Topics:**
1. Achieving PPG Control: Inhale Insulin or Injection?
 2. Newer Insulin Formulations Use for Type 2 Patients
 3. The Use (and Misuse) of SGLT2-I in T2DM

MAIN SYMPOSIUM 10

Theme : Advances in Diabetic Complication Management

- Topics:**
1. Diabetic Nephropathy – New Targets, New Therapies
 2. New Technologies for Diagnosis and Treatment of Diabetic Retinopathy
 3. Advances in Diabetic Wound Management

MAIN SYMPOSIUM 11

Theme : Mental Health and Diabetes

- Topics:**
1. Diabetes Distress: Minimising the Effects
 2. Depression: Common, Undiagnosed
 3. Dementia in Diabetics

MAIN SYMPOSIUM 12

Theme : Complementary And Alternative Remedies

- Topics:**
1. Preventing Type 2 Diabetes with Foods
 2. Sleep in Diabetes : Does it Matter?
 3. Yoga to Help Manage Diabetes

**Subject to change*

Experts' Case Discussions

1. A 32-Year Old Recently - Diagnosed Type 1 Patient Who Is Not Gaining Weight in Spite of Good Appetite
2. A 45-Year Old Male with Diabetes of More Than 10 Years, Worries About Poor Sex
3. A 65-Year Old Women with Long-standing Poor Diabetic Control, Free of Complications

Meet-The-Professors

1. Managing Diabetes in The Young (including choice of insulins and targets)
2. Diabetes Management in Resource Constrained Setting
3. Insulin Therapy (including initiation and intensification)
4. GLP-1 Agonists (including types and indications)
5. Diabetes Monitoring (BG, HbA1c and beyond)
6. Diabetes in Pregnancy (including prepregnancy counselling & postpregnancy follow-up)

Sponsored Sessions by*

1. Servier Malaysia Sdn Bhd
2. Novo Nordisk Pharma (M) Sdn Bhd
3. AstraZeneca Sdn Bhd
4. Boehringer Ingelheim (M) Sdn Bhd
5. Novartis Corporation
6. Eli Lilly

**Subject to change*

Registration & Fees

Registration form is enclosed with this **FINAL ANNOUNCEMENT**. Completed form must be returned with the proof of registration fee payment to the Secretariat of the 'Diabetes Asia Conference 2019' by mail or fax.

Registration fee covers admission to all NADI 'Diabetes Asia Conference 2019' sessions and trade exhibition, conference bag, identification tag and printed materials, Conference lunches and tea/coffee breaks. The fees are as follows:

Local Delegates (subsidised rates)

REGISTRATION	Conference Fee*	Please Tick
Early Bird Registration (before July 31, 2019)	RM850	
AFTER July 31, 2019	RM950	

*Subsidised rates

International Delegates

REGISTRATION	Conference Fee	Please Tick
Early Bird Registration (before July 31, 2019)	USD500	
AFTER July 31, 2019	USD600	

Please register early to enjoy "Early Bird" discount for registration.

For **ONLINE REGISTRATION & PAYMENT DETAILS**, please visit <http://eepurl.com/gh7pZj>

Registration fee should be made payable to: **National Diabetes Institute**. Please refer to the instruction on payment.

Accommodation

Special room rates have been arranged for the conference participants from October 10 – 13, 2019, at the following hotels:

- Hotel Istana (Conference Venue) • Holiday Inn Express Kuala Lumpur City Centre • Grand Millennium Hotel Kuala Lumpur
- Novotel Kuala Lumpur City Centre (Hotel Novotel) • Alpha Genesis Hotel • Pullman Kuala Lumpur City Centre Hotel & Residences

Participants are advised to reserve their hotel accommodation early, **DIRECTLY** with the hotel of their choice.

Please specify that you wish to book as a participant of the National Diabetes Institute 'Diabetes Asia Conference 2019' in order to qualify for the special rates offered. Please refer to the accompanying leaflet for details.

Disclaimer:

The National Diabetes Institute and its agents are not to be held responsible for any change in the terms or conditions of the hotel accommodation.

For further Information and Updates regarding the 'Diabetes Asia Conference 2019' (DAC 2019) please contact:

The Secretariat (Attention: Ms. Rosmawati / Ms. Farah / Ms. Hidayah / Ms. Suhana / Ms. Mardhiyyati)

National Diabetes Institute (NADI)

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or visit our website:

www.diabetesmalaysia.com.my

About the National Diabetes Institute (NADI)

The National Diabetes Institute (NADI) is established to provide a dedicated and comprehensive service for people with diabetes, to prevent and control diabetes, its complications and associated diseases.

NADI is a **non-profit, Non-Governmental Organisation (NGO)** managed by a Board of Trustees, comprising of Founding and Elected members and representatives from the Malaysian Endocrine and Metabolic Society (MEMS), Diabetes Malaysia (DM) and Ministry of Health (MOH), Malaysia with our Prime Minister YAB Tun Dr. Mahathir Mohamad as Patron.

The National Diabetes Institute (NADI) was awarded The Brandlaureate CSR Community Brandleadership Awards 2018.

The main objectives of NADI are:

- to be a National Diabetes Education Resource Centre for the country
- to establish and run a comprehensive health facility including a National Diabetes Hospital for the management of diabetes and its complications
- to create and maintain a National Diabetes Registry
- to coordinate and conduct research in diabetes and related conditions
- to be the national coordinating centre for diabetes in Malaysia in respect to statistics, education, management, research, policy and planning on diabetes and associated diseases
- to prevent diabetes and associated cardiometabolic conditions such as high blood pressure, high blood cholesterol and heart disease through promotion of healthy lifestyle



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